

Here are some of the companies she worked with: Credit Swiss, UBS, KPMG, Delloite, Aquamarine Capital, Pleinert&Partner, Sandvik. Member of BAH Bulgarian Association of Hypnosis.

"Already 20 years, I'm helping people to understand themselves, to achieve their goals, to turn their dreams into experiential reality. I love seeing people awaken to new life, to express their gifts and talents. In private practice since 2005, I am committed to people from all walks of life. I work with clients from the corporate world, education and all who are eager to grow emotionally and find their place in the world. I work individually, with couples and groups, both in the short and long term. I'm using different methods of psychology, body psychotherapy, hypnotherapy, coaching, social and emotional intelligence, personal growth programs and trainings for education. Currently divide my time between work centers in Zurich and Sofia. I also offer Skype Talk therapy for those who live at a distance or when circumstances preclude personal attendance. I have been trained using the Neo-Reichian body psychotherapy method by Professor Bernasconi in Lugano, Switzerland. Years of searching predetermined the path, that I have chosen as the most fully expressing my character and potential. Which is to undertake the tasks of Emotional Coaching.

As a hypnotherapist I discovered methods adequate for our busy time. I am the first professional in Bulgaria licensed to administer tests to measure emotional intelligence - EQi 2.0 and EQ 360.

As an instructor of Qi Gong and Tai Chi I can explain and teach my clients what grounding and balance means. Many years of scuba diving taught me to pay attention to nonverbal language communication and micro expression on the face. As a lover of photography, I enter the client's creativity linked to the emotions or situation, by analysing the taken photograph.

I am happy with my job and constantly striving to find new ways to make therapy and coaching more accessible, vibrant and applicable to everyday life."

Working languages - English, Italian and Bulgarian.